

Zaino Martial Arts

1st & 2nd Black Belt Rank Requirements

1st Degree Black Belt – Shodan

1. Forms: Kata
 - A. Super Em Pai
 - B. May be asked to perform various traditional and open advanced forms.
2. Weapon: Perform one Advanced Weapon Form with weapon of choice



Note: You may be asked to perform techniques from previous tests: Stances, Strikes, Blocks, Punches, Kicks, Falls, Rolls, Take Downs, and Sweeps.

Note: Students who took their original Black Belt test as a minor will be asked to perform all testing requirements on the Black Belt test as an adult.

2nd Degree Black Belt- Nidan

1. Forms: Kata
 - A. Mu Gin No Ryu Crane
 - B. May be asked to perform various traditional and open advanced forms.
2. Weapon: Must be able to perform 2 Weapons

Note: You may be asked to perform techniques from previous tests.

Note: You may be asked to perform or do certain tasks that Master Zaino asks of you to receive your rank.

